

# Patient Introduction Card

Today's Date \_\_\_\_\_

Account # \_\_\_\_\_

Full Legal Name \_\_\_\_\_ Prefer To Be Called \_\_\_\_\_

Home Address \_\_\_\_\_ Occupation \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Employer \_\_\_\_\_

Home Phone \_\_\_\_\_ Name of Insurance Co \_\_\_\_\_

Cell Phone \_\_\_\_\_ **Provider** \_\_\_\_\_ Policy Holder Name \_\_\_\_\_

Work Phone \_\_\_\_\_ Policy Holder Date of Birth \_\_\_\_\_

Email \_\_\_\_\_ Primary Care Doctor \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Previous Chiropractic Care?  YES  NO

Married  Single  Other \_\_\_\_\_

Major Complaint Today \_\_\_\_\_

Social Security # \_\_\_\_\_

Preferred method of contact for appointment reminders  Phone  Email  Either is fine

Who (or what source) referred you to our office? \_\_\_\_\_

*It is Usual and Customary to Pay for Services as Rendered Unless Otherwise Arranged*

# Patient Health Questionnaire

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

1. Describe your current symptoms (Begin with what bothers you the most): \_\_\_\_\_

2. Do your symptoms radiate (travel)?  Yes  No If yes, to what part of your body? \_\_\_\_\_

3. How long have your symptoms been present? \_\_\_\_\_

4. When is it most noticeable?  Upon Waking  During the day  Afternoon  Evening  While Trying to sleep

5. What activities make your symptoms worse?  Ice  Rest  Sitting  Medication  
 Heat  Activity  Standing  \_\_\_\_\_

6. What activities make your symptoms better?  Ice  Rest  Sitting  Medication  
 Heat  Activity  Standing  \_\_\_\_\_

7. What describes the nature of your symptoms?

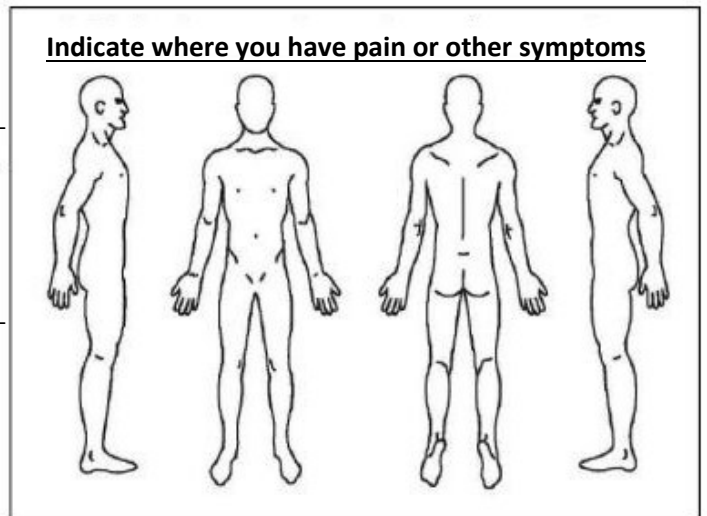
- Sharp  Shooting
- Dull Ache  Burning
- Numb  Tingling

8. How often are your symptoms present?

- Occasional (0-25%)  Frequent (50-75%)
- Intermittent (25-50%)  Constant (75-100%)

9. How are your symptoms changing?

- Getting Better
- Not Changing
- Getting Worse



10. Who else have you seen for your current symptoms?

Provider's name: \_\_\_\_\_  No One  Medical Doctor  This Office  
 Other Chiropractor  Physical Therapist  \_\_\_\_\_

11. What tests have you had for your symptoms?  None  MRI date: \_\_\_\_\_  
 X-rays date: \_\_\_\_\_  CT Scan date: \_\_\_\_\_

12. What describes the severity of your symptoms? **None 1 2 3 4 5 6 7 8 9 10 Severe**

13. What other forms of care have you tried for your current complaint?

- Nothing  Muscle Relaxer  Advil / Tylenol / Aleve (circle)  Injections
- Pain Medication  Ice / Heat (circle)  Physical Therapy  Other \_\_\_\_\_

14. What do you feel caused your symptoms?  Fall  Lifting  Work  
 Car Accident  Don't Know  \_\_\_\_\_

15. What activities are affected by your symptoms?

- Work/School (circle)  Sleeping  Driving/Riding in Car (circle)  Golf  Exercising
- Walking  Running  House Work  Yard Work  \_\_\_\_\_

LE: \_\_\_\_\_ CL: \_\_\_\_\_

For each of the conditions listed below, place a check in the PAST column if you have had the condition in the past.

Place a check in the PRESENT column if you currently have the conditions listed.

**Many of the following conditions respond to chiropractic and acupuncture**

16. 17.

PAST	PRESENT		PAST	PRESENT		PAST	PRESENT	
<input type="checkbox"/>	<input type="checkbox"/>	Headaches	<input type="checkbox"/>	<input type="checkbox"/>	High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	Diabetes
<input type="checkbox"/>	<input type="checkbox"/>	Neck Pain	<input type="checkbox"/>	<input type="checkbox"/>	Low Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	Excessive Thirst
<input type="checkbox"/>	<input type="checkbox"/>	Upper Back Pain	<input type="checkbox"/>	<input type="checkbox"/>	High Cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	Excessive Urination
<input type="checkbox"/>	<input type="checkbox"/>	Mid Back Pain	<input type="checkbox"/>	<input type="checkbox"/>	Heart Attack	<input type="checkbox"/>	<input type="checkbox"/>	Hypo-Thyroid
<input type="checkbox"/>	<input type="checkbox"/>	Low Back Pain	<input type="checkbox"/>	<input type="checkbox"/>	Chest Pains	<input type="checkbox"/>	<input type="checkbox"/>	Hyper-Thyroid
<input type="checkbox"/>	<input type="checkbox"/>	Scoliosis	<input type="checkbox"/>	<input type="checkbox"/>	Stroke	<input type="checkbox"/>	<input type="checkbox"/>	Smoking/Tobacco Use
<input type="checkbox"/>	<input type="checkbox"/>	Shoulder Pain	<input type="checkbox"/>	<input type="checkbox"/>	Angina	<input type="checkbox"/>	<input type="checkbox"/>	Drug/Opioid Dependence
<input type="checkbox"/>	<input type="checkbox"/>	Elbow Pain				<input type="checkbox"/>	<input type="checkbox"/>	Alcohol Dependence
<input type="checkbox"/>	<input type="checkbox"/>	Wrist Pain	<input type="checkbox"/>	<input type="checkbox"/>	Kidney Stones			
<input type="checkbox"/>	<input type="checkbox"/>	Hand Pain	<input type="checkbox"/>	<input type="checkbox"/>	Kidney Disorder	<input type="checkbox"/>	<input type="checkbox"/>	Food Allergies
			<input type="checkbox"/>	<input type="checkbox"/>	Bladder Infection	<input type="checkbox"/>	<input type="checkbox"/>	Depression
<input type="checkbox"/>	<input type="checkbox"/>	Hip Pain	<input type="checkbox"/>	<input type="checkbox"/>	Painful Urination	<input type="checkbox"/>	<input type="checkbox"/>	Anxiety
<input type="checkbox"/>	<input type="checkbox"/>	Knee Pain	<input type="checkbox"/>	<input type="checkbox"/>	Loss of Bladder Control	<input type="checkbox"/>	<input type="checkbox"/>	Frequent Illness
<input type="checkbox"/>	<input type="checkbox"/>	Ankle Pain	<input type="checkbox"/>	<input type="checkbox"/>	Prostate Problems	<input type="checkbox"/>	<input type="checkbox"/>	Epilepsy
<input type="checkbox"/>	<input type="checkbox"/>	Foot Pain	<input type="checkbox"/>	<input type="checkbox"/>	Dermatitis			
			<input type="checkbox"/>	<input type="checkbox"/>	Reflux/Heartburn	<input type="checkbox"/>	<input type="checkbox"/>	Eczema
<input type="checkbox"/>	<input type="checkbox"/>	Jaw Pain/TMJ	<input type="checkbox"/>	<input type="checkbox"/>	Abnormal Weight Gain	<input type="checkbox"/>	<input type="checkbox"/>	Poison Ivy/Oak
			<input type="checkbox"/>	<input type="checkbox"/>	Abnormal Weight Loss	<input type="checkbox"/>	<input type="checkbox"/>	HIV/AIDS
<input type="checkbox"/>	<input type="checkbox"/>	Joint Swelling/Stiffness	<input type="checkbox"/>	<input type="checkbox"/>	Loss of Appetite			
<input type="checkbox"/>	<input type="checkbox"/>	Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	Constipation	<b>Females Only</b>		
<input type="checkbox"/>	<input type="checkbox"/>	Rheumatoid Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	Abdominal Pain	<input type="checkbox"/>	<input type="checkbox"/>	Hot Flashes
			<input type="checkbox"/>	<input type="checkbox"/>	Ulcer	<input type="checkbox"/>	<input type="checkbox"/>	Hormone Replacement
<input type="checkbox"/>	<input type="checkbox"/>	General Fatigue	<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis	<input type="checkbox"/>	<input type="checkbox"/>	Birth Control Pills
<input type="checkbox"/>	<input type="checkbox"/>	Ringing in Ears	<input type="checkbox"/>	<input type="checkbox"/>	Liver Disorder	<input type="checkbox"/>	<input type="checkbox"/>	Painful Periods/Cramps
<input type="checkbox"/>	<input type="checkbox"/>	Visual Disturbances			Gall Bladder Disorder			
<input type="checkbox"/>	<input type="checkbox"/>	Dizziness	<input type="checkbox"/>	<input type="checkbox"/>	Cancer	YES	NO	Are You Pregnant?
<input type="checkbox"/>	<input type="checkbox"/>	Nausea	<input type="checkbox"/>	<input type="checkbox"/>	Tumor			
			<input type="checkbox"/>	<input type="checkbox"/>	Asthma			
			<input type="checkbox"/>	<input type="checkbox"/>	Chronic Sinusitis			
			<input type="checkbox"/>	<input type="checkbox"/>	Seasonal Allergies			

18. Primary Care Physician \_\_\_\_\_ 18b. Date of Last Medical Physical \_\_\_\_\_

19. Indicate if an immediate family member has had any of the following:

(1) Rheumatoid Arthritis (2) Heart Problems (3) Diabetes (4) Cancer (5) Lupus (6) Other: \_\_\_\_\_

20. List all prescription and over-the-counter medications, nutritional/herbal supplements you are taking:

21. List all the surgical procedures you have had AND times you have been hospitalized (INCLUDING GIVING BIRTH):

22. ANY & ALL LIFETIME TRAUMA HISTORY to head, neck, or back (such as concussion, automobile accidents, sports injuries, work-related accidents, etc)...EVEN IF YOU DID NOT HAVE ANY SYMPTOMS OR TREATMENT, STILL NOTE THE TRAUMA PLEASE.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_